



# Wykeham Sports Club

## Swimming Pool Family Swim Timetable – Spring Term 2019

Tuesday 8<sup>th</sup> January – Saturday 6<sup>th</sup> April 2019

DAY	FAMILY SWIM TIMES	
MONDAY		
TUESDAY		
WEDNESDAY		4:00 pm – 5:00 pm
THURSDAY		
FRIDAY		
SATURDAY	11:00 am – 12:00 pm	
SUNDAY	11:00 am – 12:00 pm	4:00 pm – 5:00 pm

### Extra sessions may be available during the half term week in February

- For pool use Children aged 8 years and under **MUST** be accompanied **IN THE WATER** by an adult. **CHILDREN** aged between 9-16 years **MUST** have an adult in the water or at the poolside. Children aged between 16 – 18 years who hold family membership may use the pool unaccompanied during Family swim sessions only.
- Adults' supervision of children should not exceed the following ratios: 1:3 for children aged 8 or under; 1:4 if aged 8-16.
- Children above the age of 7 are not permitted to change in the opposite sex changing room.

**THE POOL WILL BE CLEARED 15 MINS BEFORE THE END OF THE SESSION TO ALLOW TIME FOR CHANGING.  
LAST ENTRY TO FACILITIES WILL BE 30 MINUTES BEFORE THE END OF THE SESSION!**



# Wykeham Sports Club

## Lanes Swim Timetable – Spring Term 2019

Tuesday 8<sup>th</sup> January – Saturday 6<sup>th</sup> April 2019

DAY	MORNING	LUNCH	EVENING	LATE EVENING
<b>MONDAY</b>	7:00am – 9:00am	1:00pm – 2:00pm		9:00pm – 10:00pm
<b>TUESDAY</b>	7:00am – 9:00am	12:30pm – 2:00pm	6:15pm – 7:00pm Whistle blown at 6.55pm	
<b>WEDNESDAY</b>	7:00am – 9:00am	1.00pm – 2:00pm	7:15pm – 8:00pm Whistle blown at 7.55pm	9:00pm – 10:00pm
<b>THURSDAY</b>	7:00am – 9:00am	1:00pm – 2:00pm	6:15pm – 7:00pm Whistle blown at 6.55pm	9:00pm – 10:00pm
<b>FRIDAY</b>	7:00am – 9:00am	1:00pm – 2:00pm		9:00pm – 10:00pm
<b>SATURDAY</b>	Group Hire	12:00pm – 1:00pm		
<b>SUNDAY</b>	Group Hire	12:00pm – 1:00pm	<b>STAFF</b> 3:00pm – 4:00pm	5:00pm – 6:00pm

THE POOL WILL BE CLEARED **15 MINS** BEFORE THE END OF THE SESSION TO ALLOW TIME FOR CHANGING.



# Wykeham Sports Club

## Fitness Suite Timetable – Spring Term 2019

Tuesday 8<sup>th</sup> January – Saturday 6<sup>th</sup> April 2019

DAY	EARLY MORNING	MORNING	LUNCH	EVENING
<b>MONDAY</b>	7:00am – 9:00am	9:00am – 11:00am	1:00pm – 2:00pm	4:00pm – 9:00pm
<b>TUESDAY</b>	7:00am – 9:00am	9:00am – 12:00pm	12:00pm – 2:00pm	6:15pm – 9:00pm
<b>WEDNESDAY</b>	7:00am – 9:00am	9:00am – 11:00am	1:00pm – 2:00pm	4:15pm – 9:00pm
<b>THURSDAY</b>	7:00am – 9:00am	9:00am – 11:00am	1:00pm – 2:00pm	6:15pm – 9:00pm
<b>FRIDAY</b>	7:00am – 9:00am	9:00am – 11:00am	1:00pm – 2:00pm	4:15pm – 9:00pm
<b>SATURDAY</b>	7:00am – 9:00am	9:00am – 12:00pm	12:00pm – 2:00pm	6:00pm – 8:00pm
<b>SUNDAY</b>	<b>CLOSED</b>	9:00am – 12:00pm	12:00pm – 6.00pm*	

**\*Please note changes to Sunday times**

LAST ENTRY TO FACILITIES WILL BE **30 MINUTES** BEFORE THE END OF THE SESSION ALL SESSIONS INCLUDE CHANGING TIME.